

Why does Mineralstationen offer packs of Livlig, Laddad and fatty acids?

Simply because we know that if you take care of these three cornerstones; **vitamins**, **minerals** and **fatty** acids, the body will react positively. If your body is missing something, it will be replenished, whether you know it or not.

Either you need to know EXACTLY what you need more of and are able to supplement it in the correct quantity, along with the exact substance that works synergistically with the substance you're deficient in.

Or you take a complex that refills all your stores - and gives results, whether you're aware of the deficiency or not.

After several years of experience, we've come to the conclusion that results are the only thing that matters and that's why we use packs of combined supplements.



Vegan or non-vegan?

Everything we have except Möllers Tran is vegan-friendly.

GMO or gluten

None of our products contain either gluten or genetically modified ingredients.



About Mineralstationen

After successfully working with thousands of people over many years as a nutrition therapist, Daniel had both used and recommended several different types of dietary supplements. Brands and money have never mattered. Results are the only thing that matters!.

Different supplements have produced different results. When the client chooses specific supplements, hard-to-absorb supplements or supplements of insufficiently high levels, there has been either no effect or unsatisfactory effects. However, once Daniel found the right combination in an easy-to-absorb form and with the right quantity, it produced impressive results.

For the past few years, after a lot of searching, Daniel now has supplements that work. They work every time, for him and his clients. Daniel's brother was wondering why he didn't make the supplement available to more people. Daniel's answer was: "I don't have the time. I have so many clients who need help so there's simply not enough time". His brother thought we'd better do something about it. The lack of time became the starting point for Mineralstationen, with its core idea of 'Supplements that work'

And that's the whole idea: When you find a supplement that really works, it saves you time, and gives results of better health and money saved. Because you don't have to buy up to 15 boxes of different supplements. You don't have to combine them in just the right amounts in order to create the right synergies. You notice a clear change in your health. That's the whole point of Mineralstationen:

'Supplements that work give results'

Laddad - for the party that never ends.



For health

For energy

For your mood

For life

For passion

For the party that never ends

Supplements that work



What is Livlig?

Livlig is a powerful plant-based vitamin complex

It is a dietary supplement that provides you with all the vitamins you need each day.

Several of the vitamins and minerals work in synergy with each other and the supplement is made in a way that lets you feel the full benefit of these synergistic functions.

Livlig also contains 18 amino acids and ingredients from 120 different fruits and vegetables. This means antioxidant levels are maxed, giving the product an ORAC value of over 8000 per serving.

All the ingredients are natural.

- Livlig is easily absorbed
- Livlig contains plant-derived colloidal trace elements
- Livlig can be blended in a shaker with Laddad and fatty acids

One benefit of Livlig is that it's a powder that's mixed with water. In other words, you can have it in your morning smoothie. It does not need to be kept in the fridge, so it is easy to bring with you when travelling, good if you have a busy life. This is a supplement that actually works. Every time.



What is Laddad?

Laddad is a liquid, plant-based mineral supplement

It consists of liquid minerals in a concentrated form from natural sources. Laddad gives you an effective refill of trace elements. Why is Laddad so effective?

The minerals in Laddad are extracted from soil substances buried in deposits found in an ancient forest in the northern United States. These deposits contains minerals from plants that existed long before there were any pollutants in the environment. Therefore, Laddad is one of the purest mineral supplements available.

The minerals are in natural colloidal form. It makes them easier for the body to absorb. Why? The particle size of the individual minerals is so small that, in principle, the body does not need a functioning intestine in order to absorb them. They start to be absorbed through the mucous membranes of your mouth and therefore reach the blood faster. Simpler mineral supplements have a larger particle size, for example from lime mined in quarries instead of lime extracted from plants. These larger particles cannot be absorbed into the tissues until they've been processed by a healthy, functioning intestine. This means you need to have strong stomach acid in order to ionise them.

A lot of people have weak stomach acid (a sign of weak gastric acid is that you have acid reflux, ironically!), which means mineral supplements with larger particles are harder to absorb.

This is one of the two biggest advantages of Laddad; It's much easier for the body to absorb minerals in their natural, colloidal form.

- Laddad is a liquid that you mix with water
- Laddad can be mixed in shakes with Livlig and fatty acids
- Laddad has to be stored in the refrigerator after opening

